

Satori Spa, PO Box 8168, Al Qudra Road, Dubai. UAE  
Tel: +971 4 8096100. Fax: +971 4 8326698  
Email: BAS.Spa@meydanhotels.com  
Visit us at [www.meydanhotels.com](http://www.meydanhotels.com)



*Stay.  
Escape.  
Rejuvenate.*



A warm, golden-toned photograph of spa products. On the left, there are three round, textured items, possibly soaps or candles, in shades of brown and gold. In the center, a small glass bottle with a textured base and a gold-colored cap sits on a dark surface. To the right, a large, shallow wooden bowl with intricate carvings is visible. The lighting is soft and directional, creating a cozy and inviting atmosphere.

## WELCOME

Leave behind the stress of busy life, stop time for a few hours and relax in our oasis of calm and tranquility. **Welcome to Satori Spa.**

Let our friendly, professional and experienced therapists take you to a place of quiet refuge.

Submerge your senses in an atmosphere of absolute serenity.  
Your journey begins the minute you enter our Spa.



## SIGNATURE TREATMENT

### BLISSFUL DESERT ROSE EXPERIENCE – 3hrs | AED 1400

Body Exfoliation – Aromatherapy Massage – Body Wrap – Luxurious Facial – Scalp massage

Start with an invigorating all over body exfoliation using finely ground olive pits blended with Renew Rose body wash. The exfoliation refines the pores and reveals fresh new skin, after which you are enveloped in layers of Renew Rose Body gel. With Renew Rose Body Oil, your therapist will use carefully applied pressures to stimulate the nervous system. Swedish and neuromuscular techniques relieve muscular tension while lymphatic drainage encourages healthy circulation in an intense head to toe massage. Continue to relax while your body is layered in hydrating Rose Body cream and enveloped in a cocoon of heated blankets. Enjoy a luxurious facial with regenerative properties of rose to nourish, soften and hydrate, leaving your skin radiant, dewy and delicately scented. Finally, a scalp massage using an inhalation of Frankincense releases tension and encourages deep relaxation and spiritual awareness. Your skin has never felt so amazing.



## RITUALS

### **SATORI BODY SENSATION – 2hrs | AED 950**

Steam – Body Exfoliation – Body Reviver Massage – Body Wrap – Scalp Massage

Feel cleansed inside and out with this powerful treatment. Start with a session in the steam room to relax your tense muscles. Allow your body to be exfoliated all over, encouraging the removal of toxins. You can then enjoy a Body Reviver Massage that will warm the muscles and relax the mind. Your body is then gently wrapped in a hydrating detoxifying mask and enveloped in a cocoon of heated blankets. As you detoxify with a deep and relaxing Frankincense scalp massage, your body is treated to the application of gels and cream, increasing your sense of wellbeing.

### **DESERT DELUXE DUO – 1hr 25mins | AED 650**

Luxurious Facial – Foot and Hand Reflexology

This luxurious facial harnesses the regenerative properties of roses to nourish, soften and hydrate all skin types, as well as boosting your circulation and promote cell renewal and regeneration. While you relax with the face mask you will enjoy a stimulating foot massage including reflex points that dissolve blocked energy and relax the entire body, leaving you feeling renewed and transformed.

### **SATORI REJUVENATE – 2hrs | AED 950**

Back, Neck and Shoulder Massage – Luxurious Rose Facial – Massage to Lower Legs and Feet – Scalp Massage

Relax into a back and shoulder massage using carefully applied spinal pressure easing away the day's stress and bringing body and mind back into balance. Nourish with a beautifying and luxurious Damask Rose facial while a soothing massage to lower legs, ankles and feet encourage effective relaxation.

## SATORI MASSAGE

### BALINESE MASSAGE - 50/80 Mins | AED 550/700

A traditional Balinese massage that combines a special selection of naturally blended oils to warm the muscles and relax the mind.

### SATORI BODY REVIVER - 50/80 Mins | AED 495/675

Inspired by the traditional Kahuna Massage with a hint of Balinese flavor, the Satori Body Reviver is a unique massage experience that will transport you to the tropical beaches of Hawaii.

### WELLNESS BACK MASSAGE - 25/50 Mins | AED 275/475

Focusing purely on the back, neck and shoulder to relieve tension and aching muscles.

### DEEP TISSUE MASSAGE - 50/80 Mins | AED 525/675

A deep and intense full body massage treatment designed to work on stiff, tight and tired muscles.



## SATORI MASSAGE

### EUROPEAN MASSAGE - 50/80 Mins | AED 525/675

The focused massage movements eliminate stress and tension, leaving the body feeling energised and completely relaxed.

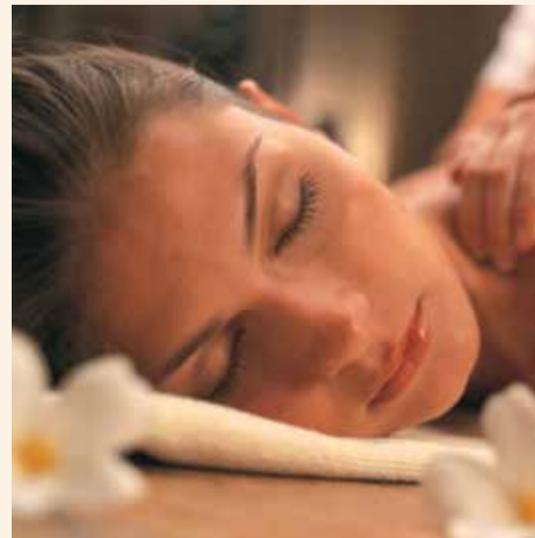
### THAI MASSAGE - 60/90 Mins | AED 450/600

Using an ancient healing technique from Thailand, this intense and dynamic massage combines stretching, muscle compressions and pressure points. Dressed in Thai pajamas that are provided for you, your therapist works to relieve tension in deep muscles and connective tissue whilst leaving you more grounded and energised.

### INDIAN HEAD MASSAGE - 50 Mins | AED 475

This treatment offers a special technique which focuses on the scalp, neck and shoulders to relieve tension and stress as it rebalances the body's energy flow.

## SATORI MASSAGE



### **HOT STONE AROMATHERAPY MASSAGE - 80 Mins | AED 720**

A full body and face massage using warmed basalt stones, relieves the muscles, aches and pains and soothes the soul. The grounding effect of the stones provides physical and mental comfort. The basalt stones are imbued with energetic and healing qualities allowing you to have a total body, mind and spirit experience.

### **HOT STONE AROMATHERAPY BACK MASSAGE - 30 Mins | AED 350**

An intense, yet soothing massage using warmed basalt stones, dissolving tension in the back, neck and shoulder area with a blend of essential oils designed to relax and de-stress.

### **REAL AROMATHERAPY EXPERIENCE - 80 Mins | AED 675**

A true Aromatherapy massage that combines the power of pure essential oils with a specialised massage drawn from the traditions of both East and West, concentrating on the back, scalp, face, neck, shoulders and feet.

### **PREGNANCY MASSAGE - 50 Mins | AED 475**

A balancing and nourishing treatment to harmonise the emotions, soothe the body and nourish the skin. Relieving massage techniques cover the whole body and face to ease the changes that take place over the nine months of pregnancy.

### **COUPLES MASSAGE - 50/80 Mins | AED 1100/1400**

Start off with a session in the private fragranced steam room to relax your tense muscles and then submerge your senses. Immerse yourselves in an atmosphere of absolute serenity as you share your spa experience in our luxurious private suite for couples.



## BODY TREATMENTS

### ROSE BLISS - 90 Mins | AED 690

Exfoliation - Steam - Massage

Indulge in this nourishing and deeply moisturising treatment. Start with an invigorating full body exfoliation using finely ground olive pits. Continue with a session in the steam room to relax your muscles. A traditional Balinese massage with naturally blended oils will follow to warm the muscles and relax the mind.

### DESERT DELIGHT - 50 Mins | AED 475

Exfoliation - Steam - Application

An invigorating all-over body and face exfoliation, using finely ground olive pits blended with a selected body wash. Choose 'De-Stress' for deep relaxation, 'Revive' to release and eliminate unwanted toxins, or 'Rose' to deeply nourish and moisturise. As a final touch, the skin is nourished and hydrated with an Aromatherapy body moisturiser, leaving you feeling silky smooth and refreshed.

### HEAVENLY NOURISHMENT - 90mins | AED 675

Exfoliation - Mask - Application

A luxurious experience designed to rejuvenate dry, out-of-condition skin.

An intensive salt and coffee body exfoliation stimulates the circulation removing dead cells to revive dull tired-looking skin.

A Freshwater mud mask is applied to hands and feet to truly soften and condition. Your body is layered in hydrating and mineralizing marine algae with a velvety moisturizing body butter.

### AROMATIC BODY SCRUB - 30mins | AED 320

Exfoliation - application

A Frankincense and coffee infused salt scrub buffs away dead skin revealing a healthy glowing complexion. Your skin is left soft and silky from an application of warm enriching body butter.

## SATORI FACIALS

### A Deep Pore Cleansing Facial Service - 50 Mins | AED 475

This purifying treatment consists of steaming, exfoliation, and an intense deeper cleansing of clogged pores followed by gentle massage of your face, neck, and décolleté, and a selected mask suitable to your skin type. Beneficial for all skin types. Mask options: Sensitive, Dry, Oily, Combination, Acne. (according to all skin type)

### Luminous Ageing – Defying Ampoule Collection - 50 Mins | AED 525

Seeking a facial with extraordinary instant results? Ask your skincare specialist which is the ideal ampoule treatment to meet your specific needs:

\*Luminous Skin & Smoothed wrinkles

\*Luminous & Firm Skin - Elastin

\*Luminous & Refined Pore - DNA

\*Luminous & Oxygenated Skin



## SATORI FACIALS

### Luminous “C” & “Sea” Facial Service - 80 Mins | AED 615

Experience a radiant skin with an exceptional glow! A highly repairing treatment for dull and dehydrated skin. This facial combines the high potency of Vitamin “C” with a stimulating Freeze-Dried Seaweed rendering skin firmer, brighter, more rejuvenated, and velvety-soft. An excellent treatment for smokers, sunbathers and sun-damaged skin.

### Myoxy-Caviar® High Performance Mask Service – 80 mins | AED 690

Nourish & repair your skin with Caviar and Pearl! This opulent anti-aging treatment lavishes your skin with pure Caviar, Asian Pearl and a revolutionary blend of phyto- extracts: Escutox®. Improving wrinkles, elasticity and texture. This luxurious anti-aging mask increases skin oxygenation and suppleness while reducing signs of aging. Hard lift-off mask for ultimate rejuvenation.



## TREATMENT ADDITIONS

### **EXPRESS SKIN MAINTENANCE - 30 Mins | AED 325**

A quick fix to maintain skin radiance. Your skin renewed, treated and protected to ensure skin maintenance. A perfect addition to complete a luxurious spa experience.

### **REFLEXOLOGY - 50 Mins | AED 400**

An application of pressure point massage on specific reflex zones of the feet will improve circulation, ease pain, and relax the body. This ancient treatment uses applied pressure on specific areas of the feet which corresponds to specific body parts, organs and glands. Pressure to these points can bring about a welcome change and improve overall wellbeing.

### **EAR CANDLING - 50 Mins | AED 400**

Primarily used for wax building and related hearing problems, ear candling is also used to relieve sinus problems and headaches. The narrow end of a specially designed hollow candle is placed at the entry of the ear canal, while the opposite end is lit. This treatment leaves you feeling refreshed and revived.

### **ABSOLUTE FOOT RITUAL - 50 Mins | AED 400**

Say goodbye to tired feet with this luxury spa treatment that will leave your feet soft and light with extracts of ginger, green tea and cooling mint. This treatment includes an immersing foot soak, exfoliation, luxurious foot mask and massage.



FOR HIM

#### **GENTLEMEN'S FACIAL SERVICE - 50mins | AED 475**

Treat clogged pores, sensitivity, and razor burn while promoting total relaxation. This face treatment includes deepcleansing, steaming, and extraction. As a final step, a treatment mask is applied to refine the pores, soothe and condition the skin.

Mask options: Sensitive, Dry, Oily, Combination, Acne.

#### **BACK TO BASICS - 50mins | AED 420**

A deep cleansing back treatment to remove excess oil and calm redness. This experience is completed with a relaxing muscle relieving back massage.

#### **SATORI FOR MEN - 2hrs 30mins | AED 1150**

Deep Cleansing Back Exfoliation and Mask - Deep Tissue Massage - Facial - Scalp Massage  
A back exfoliation and mud mask draws out impurities and rebalances the skin, this is followed by a Muscle Release massage to ease aches in specific areas of the body. A face and neck treatment using freshening plant extracts and essential oils leaves the skin clean and invigorated. The stimulating scalp massage improves circulation to hair follicles, whilst a foot massage, using reflex pressures, leaves the body and mind balanced.

#### **DESERT RESCUE - 80mins | AED 650**

Relax and unwind with a tailored treatment for men. After a thorough back scrub, muscle aches and pains are melted away with a personalized back massage. Followed by a facial designed for men by men, skin is left clean and fresh ensuring you look your very best.



## THE CABANA

### THE CABANA

Let us pamper you with a relaxing massage whilst indulging yourself in the magnificent view of the desert. Try any of our massage treatments tailored for outdoor venues and available only at the Cabana.

For the latest prices and promotions please contact the Satori Spa reception.

## SPA ETIQUETTE

**When enjoying a relaxing spa experience, worries about what to do and where to go should be the last thing on your mind.**

The spa is a place of quiet refuge. Please ensure your mobile phone is put on silent and that you speak in a low tone, both for your own comfort and the comfort of other guests.

To ensure we have a true understanding of your needs and to make your time with us as pleasurable as possible, we kindly ask you to arrive 5 to 10 minutes ahead of time. Unfortunately, arriving late will not only lessen the effectiveness and pleasure but will simply limit the time for your treatments as we may need to cut your time a little short to accommodate our next guest.

The spa will provide robes, slippers and disposable underwear where applicable for your use. Undergarments should be worn to ensure your complete privacy and modesty throughout your time with us. We allow eating only in the outdoor relaxation area and we also provide our healthy Food and Beverage spa menu.

## SPA ETIQUETTE

Professional recommendations and prescriptions are available from our treatment specialists and can be purchased at the Satori Spa reception. Gift vouchers can also be purchased for a specific service, package or amount at the spa reception.

If you cancel your appointment with us, please try to give us at least 6 hours notice. Less than 6 hours notice may lead to a charge of 50% of your treatment. For No Shows, 100% of the treatment price will be charged to your account. All prices are inclusive of 10% Municipality Fee and 10% Service Charge.

Satori Spa is open for treatments from 8:00 to 20:00 daily. Advance booking is essential and at the time of reservation, please advise us if you are using skin medication, have allergies, have recently undergone cosmetic surgery or you are pregnant. Acknowledging these conditions will allow us to make the appropriate preparations.

**For inquiries or booking please call Satori Spa on:**

+9714 809 6232 or + 9714 809 6100 Ext. 6232

E-mail: [BAS.Spa@meydanhotels.com](mailto:BAS.Spa@meydanhotels.com)